

Feelings Storytime

Shake My Sillies Out

Gotta shake, shake, shake my sillies out
Shake, shake, shake my sillies out
Shake, shake, shake my sillies out
And wiggle my waggles away.

Gotta clap, clap, clap my crazies out...
Gotta jump, jump, jump my jiggles out...
Gotta yawn, yawn, yawn my sleepies out...
Gotta stretch, stretch, stretch my stretchies out
Gotta shake, shake, shake my sillies out...

Open Them, Shut Them

Open them, shut them
Open them, shut them
Give a little clap.
Open them, shut them
Open them, shut them
Put them in your lap.

Creep them, creep them
Creep them, creep them
Right up to your chin.
Open up your mouth
But do not put them in.

Open them, shut them
Open them, shut them
Give a little clap.
Open them, shut them
Open them, shut them
Put them in your lap.

I Have Something in My Pocket

I have something in my pocket
It belongs across my face
I keep it very close to me
In a most convenient place.
You'll never never guess it
If you guess a long long while
So I'll take it out and put it on
It's a great big happy smile.

Feelings

(tune of Twinkle Twinkle)

Sometimes on my face you'll see
How I feel inside of me
My smile means happy
Frown means sad
And when I grit my teeth I'm mad
When I'm proud I beam and glow
But when I'm shy my head hangs low.



Five Little Babies

Five little babies smile happily
Sitting and playing under a tree.
Then one little baby started crying
How many babies were still smiling?

Four little babies smile happily...
Three little babies smile happily...
Two little babies smile happily...

One little baby smiles happily...
Sitting and playing under a tree.
Then that little baby started crying
How many babies were still smiling?

If You're Happy and You Know It

If you're happy and you know it, clap your hands
If you're happy and you know it, clap your hands
If you're happy and you know it,
And you really want to show it,
If you're happy and you know it, clap your hands

If you're happy and you know it, stomp your feet
If you're happy and you know it, stomp your feet
If you're happy and you know it,
And you really want to show it,
If you're happy and you know it, stomp your feet

If you're happy and you know it, shout hooray—"Hooray!"
If you're happy and you know it, shout hooray—"Hooray!"
If you're happy and you know it,
And you really want to show it,
If you're happy and you know it, shout hooray—"Hooray!"

If you're happy and you know it, do all three.
If you're happy and you know it, do all three.
If you're happy and you know it,
And you really want to show it,
If you're happy and you know it, do all three.

