

## Helpfulness Storytime

### Shake My Sillies Out

Gotta shake, shake, shake my sillies out  
Shake, shake, shake my sillies out  
Shake, shake, shake my sillies out  
And wiggle my waggles away.

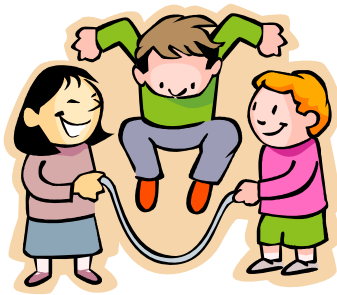
Gotta clap, clap, clap my crazies out...  
Gotta jump, jump, jump my jiggles out...  
Gotta yawn, yawn, yawn my sleepies out...  
Gotta stretch, stretch, stretch my stretchies out  
Gotta shake, shake, shake my sillies out...

### Open Them, Shut Them

Open them, shut them  
Open them, shut them  
Give a little clap.  
Open them, shut them  
Open them, shut them  
Put them in your lap.

Creep them, creep them  
Creep them, creep them  
Right up to your chin.  
Open up your mouth  
But do not put them in.

Open them, shut them  
Open them, shut them  
Give a little clap.  
Open them, shut them  
Open them, shut them  
Put them in your lap.



### Are You Helping?

*(To the Tune of: Are you Sleeping?)*

Are you helping?,  
Are you helping?,  
Pick up toys, Pick up toys  
Let us all be helpers,  
Let us all be helpers.  
Girls and boys, girls and boys

### Cooperation Song

*(To the Tune of: Yankee Doodle)*

Cooperation is the thing  
We all must learn to do  
It makes life oh so nice  
And gets the work done too  
Let's cooperate today  
In our work and play  
Who knows what we can do  
If we all work this way

### Helping Daddy Drive

*(suit actions to words)*

Open the door.  
Climb inside.  
I get to help my daddy drive.  
Fasten the seat belt  
Shut the door.  
Start the motor.  
Hear it roar.  
Brrr! Brrr! Brrr!  
Turn the corner.  
Step on the gas.  
If the road is clear we may pass.

### If You're Happy and You Know It

If you're happy and you know it, clap your hands  
If you're happy and you know it, clap your hands  
If you're happy and you know it,  
And you really want to show it,  
If you're happy and you know it, clap your hands

If you're happy and you know it, stomp your feet  
If you're happy and you know it, stomp your feet  
If you're happy and you know it,  
And you really want to show it,  
If you're happy and you know it, stomp your feet

If you're happy and you know it, shout hooray—"Hooray!"  
If you're happy and you know it, shout hooray—"Hooray!"  
If you're happy and you know it,  
And you really want to show it,  
If you're happy and you know it, shout hooray—"Hooray!"

If you're happy and you know it, do all three.  
If you're happy and you know it, do all three.  
If you're happy and you know it,  
And you really want to show it,  
If you're happy and you know it, do all three.

