

Senses Storytime

Shake My Sillies Out

Gotta shake, shake, shake my sillies out
Shake, shake, shake my sillies out
Shake, shake, shake my sillies out
And wiggle my waggles away.

Gotta clap, clap, clap my crazies out...
Gotta jump, jump, jump my jiggles out...
Gotta yawn, yawn, yawn my sleepies out...
Gotta stretch, stretch, stretch my stretchies out
Gotta shake, shake, shake my sillies out...

Open Them, Shut Them

Open them, shut them
Open them, shut them
Give a little clap.
Open them, shut them
Open them, shut them
Put them in your lap.

Creep them, creep them
Creep them, creep them
Right up to your chin.
Open up your mouth
But do not put them in.

Open them, shut them
Open them, shut them
Give a little clap.
Open them, shut them
Open them, shut them
Put them in your lap.



What Can I See?

(Tune: If You're Happy and You Know It)

With your two little your eyes, what do you see?
With your two little your eyes, what do you see?
Please tell me now
What do you see with your eyes?
(Pause and let children tell you what they see)
Oh, with your two little eyes, what do you see?

Other Verses:

Five little fingers...what do you feel?
Little button nose...what do you smell?
Two little ears...what do you hear?
Red little tongue...what do you taste?

Eye Winker

Eye Winker *(Point to eyes)*
Tom Tinker *(Point to ears)*
Nose Smeller *(Point to nose)*
Mouth Eater *(Point to mouth)*
Chin Chopper *(Tap chin)*
Chin Chopper, Chin Chopper
Chin Chopper, Chin



The Five Senses Song

(Tune: The Farmer in the Dell)

I use my eyes to see,
I use my eyes to see.
And when I want to see a star,
I use my eyes to see.
I use my nose to smell,
I use my nose to smell
And when I want to smell a flower,
I use my nose to smell.

Other verses:

Tongue to taste...taste a peach
Ears to hear...hear a bird
Hands to touch...touch a cat
Let children substitute their own choices.

I Have a Nose

On my face, I have a nose.
(Touch nose)
And way down here I have ten toes.
(Touch toes)
I have two eyes that I can blink.
(Point to eyes and blink)
I have a head to help me think.
(Point to head)
I have a chin and very near
(Point to chin)
I have two ears so I can hear.
(Point to ears)
Here are my arms to hold up high.
(Raise arms)
And here is my hand to wave good-bye.
(Wave)

If You're Happy and You Know It

If you're happy and you know it, clap your hands
If you're happy and you know it, clap your hands
If you're happy and you know it,
And you really want to show it,
If you're happy and you know it, clap your hands

If you're happy and you know it, stomp your feet

If you're happy and you know it, shout hooray—"Hooray!"

If you're happy and you know it, do all three.

