

Butterflies and Caterpillars Storytime

Shake My Sillies Out

Gotta shake, shake, shake my sillies out
Shake, shake, shake my sillies out
Shake, shake, shake my sillies out
And wiggle my waggles away.

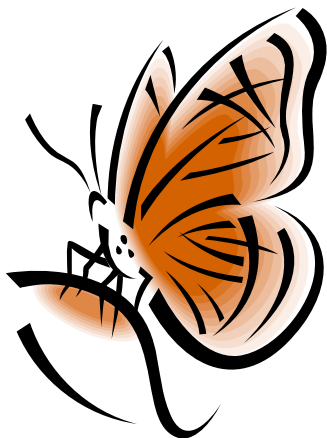
Gotta clap, clap, clap my crazies out...
Gotta jump, jump, jump my jiggles out...
Gotta yawn, yawn, yawn my sleepies out...
Gotta stretch, stretch, stretch my stretchies out
Gotta shake, shake, shake my sillies out...

Open Them, Shut Them

Open them, shut them
Open them, shut them
Give a little clap.
Open them, shut them
Open them, shut them
Put them in your lap.

Creep them, creep them
Creep them, creep them
Right up to your chin.
Open up your mouth
But do not put them in.

Open them, shut them
Open them, shut them
Give a little clap.
Open them, shut them
Open them, shut them
Put them in your lap.



A Caterpillar Crawled

A caterpillar crawled
(*extend left arm and crawl right index finger up like a caterpillar*)

To the top of a tree.
"I think I'll take a nap," said he
(*wiggle right index finger*)
So under the leaf he began to creep.
(*move under left hand*)

He spun a cocoon and he fell asleep.
(*make fist around index finger*)
For two long weeks he slept in that cocoon bed,
Till spring came along and said,
"Wake up! Wake up! You sleepy head."
(*shake arms*)

Out of the leaf he did cry.
(*hook thumbs and spread fingers to make a butterfly*)
"Look, I am a butterfly."



Little Caterpillar

(*tune of Itsy Bitsy Spider*)

The little caterpillar crawled up into a tree,
Spun his cocoon and slept so quietly,
All through the winter he didn't make a sound,
He dreamt of his new life when he'd be flying all around.
While he was sleeping the snow did gently fall,
Winter came and went, then he heard the robin's call,
Come on Mr. Butterfly, out of your cocoon
Spread your wings and fly for me, while I sing my tune.

My Friendly Caterpillar

My friendly Caterpillar
(*Fingers crawl up arm*)

Made its cocoon one day.
(*close hands together*)

It turned into a butterfly
(*Open hands with thumbs hooked together*)

And quickly flew away.
(*flap hands*)

If You're Happy and You Know It

If you're happy and you know it, clap your hands
If you're happy and you know it, clap your hands
If you're happy and you know it,
And you really want to show it,
If you're happy and you know it, clap your hands

If you're happy and you know it, stomp your feet
If you're happy and you know it, stomp your feet
If you're happy and you know it,
And you really want to show it,
If you're happy and you know it, stomp your feet

If you're happy and you know it, shout hooray—"Hooray!"
If you're happy and you know it, shout hooray—"Hooray!"
If you're happy and you know it,
And you really want to show it,
If you're happy and you know it, shout hooray—"Hooray!"

If you're happy and you know it, do all three.
If you're happy and you know it, do all three.
If you're happy and you know it,
And you really want to show it,
If you're happy and you know it, do all three.

