

## **Polar Bear Storytime**

### **Shake My Sillies Out**

Gotta shake, shake, shake my sillies out  
Shake, shake, shake my sillies out  
Shake, shake, shake my sillies out  
And wiggle my waggles away.

Gotta clap, clap, clap my crazies out...  
Gotta jump, jump, jump my jiggles out...  
Gotta yawn, yawn, yawn my sleepies out...  
Gotta stretch, stretch, stretch my stretchies out  
Gotta shake, shake, shake my sillies out...

### **Open Them, Shut Them**

Open them, shut them  
Open them, shut them  
Give a little clap.  
Open them, shut them  
Open them, shut them  
Put them in your lap.

Creep them, creep them  
Creep them, creep them  
Right up to your chin.  
Open up your mouth  
But do not put them in.

Open them, shut them  
Open them, shut them  
Give a little clap.  
Open them, shut them  
Open them, shut them  
Put them in your lap.



### **Polar Bear**

The other day, I saw a bear,  
A big white bear, I had to stare.

He stared right back, and seemed to grin,  
His long white fangs, hung to his chin.

He move toward me, upon four paws,  
And those four paws, held six-inch claws.

I couldn't move, my feet were froze,  
As I saw steam, shoot from his nose.

But I was safe, because I knew,  
This polar bear, was at the Zoo!

## **Polar Bear Song**

*(tune of "My Bonnie Lies Over the Ocean")*

The polar bear lives in Alaska  
He never gets cold in a storm  
He swims in cold icy water  
His heavy coat keeps him warm

Warm, warm, warm, warm  
His heavy coat keeps him warm  
Warm, warm, warm, warm  
His heavy coat keeps him warm



### **Polar Bear, Polar Bear**

Polar bear, Polar bear, turn around  
Polar bear, Polar bear, touch the ground  
Polar bear, Polar bear, show your shoe  
Polar bear, Polar bear, that will do

### **If You're Happy and You Know It**

If you're happy and you know it, clap your hands  
If you're happy and you know it, clap your hands  
If you're happy and you know it,  
And you really want to show it,  
If you're happy and you know it, clap your hands

If you're happy and you know it, stomp your feet  
If you're happy and you know it, stomp your feet  
If you're happy and you know it,  
And you really want to show it,  
If you're happy and you know it, stomp your feet

If you're happy and you know it, shout hooray—"Hooray!"  
If you're happy and you know it, shout hooray—"Hooray!"  
If you're happy and you know it,  
And you really want to show it,  
If you're happy and you know it, shout hooray—"Hooray!"

If you're happy and you know it, do all three.  
If you're happy and you know it, do all three.  
If you're happy and you know it,  
And you really want to show it,  
If you're happy and you know it, do all three.

